

THE ALPHA COURSE

Alpha Team Training Guide

Training Events for Hosts and Helpers



ALPHA TEAM TRAINING

HOW TO RUN A TRAINING EVENT

Thank you for indicating that you are interested in holding an Alpha Team Training event. We hope that these guidelines will help in organising an event either for your church or with other churches in your area.

WHAT IS ALPHA TEAM TRAINING?

Alpha Team Training is designed to prepare everyone who is hosting or helping an Alpha small group. It takes place before every Alpha course and covers three important areas: 'Hosting Small Groups', 'Pastoral Care' and 'Ministry on Alpha'. These talks are available on DVD, online at alphafriends.org or they can be given by a local speaker (please contact Alpha UK for talk transcripts).

WHY SHOULD WE HOLD THIS TRAINING?

'We think training is really important. It's vital that Alpha teams are ready to welcome people into their churches. And to do that most effectively they need to be trained. And yet, so often it's too easy to overlook that training and miss out on the benefits.'

Alpha Adviser, Manchester

Training hosts and helpers makes a big difference to the quality of Alpha courses and to the impact of Alpha on church growth. Doing the training before the course starts is how to get the most out of Alpha. When Alpha is running well, guests are more likely to complete the course and invite their friends to come along.

Why not work with other churches and run a joint Alpha Team Training event? This can be a fun and effective way of preparing for Alpha, especially if Alpha teams are the average size of 5 or 6 people. We can advertise your event on the website, alphafriends.org – just fill in the Alpha Event Form online at alphafriends.org/events

WHEN SHOULD WE HOLD ALPHA TEAM TRAINING?

Alpha Team Training should be held before every Alpha course. You may wish to do the training on three separate occasions, or combine the first two/three sessions in one day. A few suggested timetables for joint Alpha Team Training events are given below.

OPTION 1:

- For a full-day event, covering all three talks: 'Hosting Small Groups' and 'Pastoral Care' and 'Ministry on Alpha', to be held in the two weeks leading up to the start of your Alpha course.

Time	'Hosting Small Groups', 'Pastoral Care' and 'Ministry on Alpha'
09.00	Registration & coffee
09.30	Welcome & worship
10.00	'Leading Small Groups'
11.00	Coffee
11.15	Testimonies from Alpha graduates (this is an excellent way of inspiring leaders and helpers in preparation for the course)
11.30	'Pastoral Care'
12.30	Lunch
13.30	'Ministry on Alpha'
14.30	Prayer ministry (an opportunity to pray for each other & upcoming Alpha courses)
15.00	End

OPTION 2:

- For a half-day event, covering 'Hosting Small Groups' and 'Pastoral Care', to be held in the two weeks leading up to the start of your Alpha course.

Time	'Hosting Small Groups' and 'Pastoral Care'
9.00	Registration & coffee
9.30	Welcome & worship
10.00	'Leading Small Groups'
11.00	Coffee
11.15	Testimonies from Alpha graduates
11.30	'Pastoral Care'
12:30	Prayer ministry (an opportunity to pray for each other & upcoming Alpha courses)
13.00	End/Lunch (optional)

- For a morning or evening* event, covering 'Ministry on Alpha' to be held one week before the Alpha Weekend/Day away.

Time	'Ministry on Alpha'
10.00	Registration & coffee
10.30	Welcome & worship
11.00	'Ministry on Alpha'
12:00	Prayer ministry
12:30	End/Lunch (optional)

*See below for the evening schedule

OPTION 3:

- You may wish to schedule the training over three separate evenings. In this case, the first two talks, 'Hosting Small Groups' and 'Pastoral Care' should be held on two evenings **before** the course starts, and the third session, 'Ministry on Alpha' should be scheduled before the Alpha weekend/day away.

Time	Alpha Team Training (evening timetable)
19:00	Registration & light supper
19:30	Welcome & worship
20.00	Alpha Team Training video or talk ('Hosting Small Groups', 'Pastoral Care', or 'Ministry on Alpha')
21.00	Prayer ministry – after 'Ministry on Alpha' session
21:30	End

NEXT STEPS?

1. If you are opening your Alpha Team Training event to other churches, fill in the **Alpha Event Form** available at alphafriends.org/events. We will advertise your event on the Alphafriends website.
2. **Publicise** your event, and invite churches in your area. You can find a list of churches running Alpha in your area on alpha.org, under the 'Find a course' section.
3. **Link** with Alpha Advisers in your area for help organising your Alpha Team Training event. A list of Alpha Advisers is available on alphafriends.org/advisers
4. **Order** materials for your event:
 - Alpha Team Training Manual: for all hosts and helpers on your Alpha course, including suggested discussion prompts and key Bible verses for each week of the course (£1.50).
 - Alpha Team Training DVD: featuring all three talks by Nicky Gumbel, new illustrations and small group sketch (£14.99).
 - Searching Issues by Nicky Gumbel: tackles the seven most common objections to the Christian faith, including suffering, other religions and sex before marriage (£6.99). This is an ideal book to have available for hosts and helpers to purchase.

It is important to ensure manuals are available for every person. These materials are available from the Alpha Publications Hotline (0845 758 1278).

5. **Budget:** You may want to include a small charge / suggested donation for your Alpha Team Training event to cover the cost of meals and any other expenses.
6. **Bookstall:** You may wish to set up a 'sale or return' deal with your local bookshops so you can make Alpha materials available at your Alpha Team Training event.